

10 YEARS OF HEALTH PARTNERSHIPS





Celebrating 10 years of health partnerships, funded by the Scottish Government. "We will meet in developing countries a level of will, skills and constancy that may put ours to shame. We may well find ourselves not the teachers we thought we were but students of those who simply will not be stopped under circumstances that would have stopped us long ago." D. Berwick, BMJ, 2004

CONTENTS	
FORWARD: DR LIZ GRANT	3
CHAPTER ONE: 10 YEARS OF HEALTH PARTNERSHIPS	3
Brief history of Scotland Malawi links	4
The Scotland-Malawi Cooperation Agreement	4
Government coordination and prioritisation	5
Health Partnership Funding announcements	6
Number of projects funded	6
Areas projects/themes	6
Total amount for health strand projects	7
Organisations funded	7
CHAPTER TWO: A DIRECTORY OF HEALTH PROJECTS FUNDED 2005-2015	8
2005-2008 PROJECTS	8
2006-2009 PROJECTS	8
2008 – 2011 PROJECTS	11
2010 – 2013 PROJECTS	13
2012 - 2015 PROJECTS	17
2013 - 2016 PROJECTS	21
2015 - 2018 PROJECTS	28
CHAPTER THREE: ADDITIONAL SUPPORT FOR HEALTH LINKS OVER PAST 10 YEARS	
2006 Scottish Executive "VSO and NHS Scotland Partnership"	
SMP Health Committee (2008- 2012)	
SMP Health Links Forum (2012- present)	
SUPPORT IN MALAWI	32
CHAPTER FOUR: LOOKING FORWARDS	

FORWARD: DR LIZ GRANT

The Scotland Malawi Cooperation Agreement was ahead of its time, an initiative that embedded principles and practices that were significantly different from other national Aid Development Programmes. With relatively little funding the Scotland Malawi Initiative didn't seek to be a donor to a system of existing work, instead it sought to be a partner. A partner that provided space to listen to all in Scotland and to all in Malawi who wanted to improve well-being. The partnership created a new paradigm of action, a relational rather than a development paradigm, and now with the launch of the Sustainable Development Goals we can see that this paradigm has come of age. The striking feature of the paradigm was the understanding of reciprocity and mutual benefit, and the recognition that everyone has a place to play. Leave no one behind is the call of the SDGs, leave no one behind was the call of the Scotland Malawi Cooperation Agreement, neither anyone in Scotland who wanted to share friendship nor anyone in Malawi whose friendship and commitment to bringing about change was inspiration to many in Scotland.

The overarching aims of the Health Stream were about building up workforce capacity and strengthening the health system, with an operational focus on maternal health services, and community health support. Given the nature of the International Development Fund and the nature of the long standing Scottish Malawi links a number of initiatives were funded. Local partnerships developed through NGOs, schools, churches, businesses, Academic institutions, Royal Colleges, the NHS, City Councils grew together, supporting health care and delivery at the local level by creating pockets of excellence, and by supporting health care and delivery at a national approach through working with the Health Architecture. The plan purposely set out to assist Malawi implement its priority health programmes as outlined in the Malawian six year Sector wide Approach (SWAp) Programme of Work (POW) for Health which had a prioritised package of services known as the Essential Health Package (EHP) focusing on the major causes of morbidity and mortality in Malawi. In order to deliver the EHP Malawi had instigated an Emergency Human Resource Programme to expand training capacity by over 50% on average, and more in key cadres. Much of the Health action Plan provided the grass roots support for this EHP, such that a number of traditional donors spoke of the Scotland Malawi relationship as bedrock of care.

Much has happened over 10 years, initiatives have developed, come to fruition and closed, others have developed and gave birth to multiple more programmes, but the success of the partnership remains because of this bedrock of care. A relationship that leaves no one behind.



Dr Liz Grant,

Director, University of Edinburgh Global Health Academy and previous Development Adviser with Scottish Government (2005)

CHAPTER ONE: 10 YEARS OF HEALTH PARTNERSHIPS

2015 marks the 10 year anniversary of the formal bilateral governmental links between the Government of Malawi and the Government of Scotland. Over the past decade the links between the two nations have grown from strength to strength. This report focuses on the activity under the "Health Strand," outlines the projects that have been funded, highlights some of the beneficiaries of various projects and looks forward to the next 10 years.

BRIEF HISTORY OF SCOTLAND MALAWI LINKS

While 2015 marks 10 years of formal governmental links between Scotland and Malawi the friendship between Scots and Malawians began in 1859, with the warm welcome extended to David Livingstone and his companions when he entered what is now Malawi for the first time.

The challenge posed by the United Nations Millennium Development Goals was taken up in Scotland in the late 1990s by David Livingstone's alma mater the University of Strathclyde when, in partnership with Bell College (local to Livingstone's birthplace at Blantyre), they launched their Malawi Millennium Project.

The Scotland Malawi Partnership was officially launched in April 2004 with

the support of the Lord Provosts of Edinburgh and Glasgow.

volved In 2005, the G8 met at Gleneagles, with the Make Poverty History campaign drawing public attention to the

lawic

issue of international development. At the same time the Scottish Government published Scotland's first international development strategy, with a particular focus on the relationship between Scotland and Malawi.

That November the Scotland Malawi Partnership, funded by the Scottish Government, hosted a major conference at the Scottish Parliament, 'Malawi After Gleneagles', which brought together key Scots and Malawians from across Government, Parliament and civic society. The conference discussed the historic bilateral relationship and mapped out future cooperation together.

On the 3rd November 2005 the historic Co-operation Agreement between the governments of Scotland and Malawi was signed.

Today it estimated that 94,000 Scots and 198,000 Malawian are actively involved in the links between Scotland and Malawi.

THE SCOTLAND-MALAWI COOPERATION AGREEMENT

Scotland and Malawi have a long history of collaboration, particularly in health and education. Both countries share a wish to build upon this history by actively engaging through partnership. This is a reciprocal partnership based upon sharing experiences and skills. It is an opportunity to learn from each other and to recognise the needs of our two countries.



The cooperation agreement outlined an arrangement to cooperate on a number of broad streams, namely, civic governance, sustainable economic development, health and education. The Cooperation agreement was signed in Edinburgh, November 2005 by Rt. Hon Jack McConnell MSP, First Minister of Scotland and His Excellency Dr. Bingu wa Mutharika, President of the Republic of Malawi

"Perhaps for the first time, a country in the north, Scotland, is twinning up with a country in the south, Malawi, to look at problems more closely. I think this sets a new pattern in global relations. If others could emulate this example, we believe that the issues of poverty, hunger and famine could be tackled more effectively." Pres Mutharika, November 2005

The guiding principles underpinning the agreement are as follows:

- All engagement will be consistent with current government priorities and existing policies and activity
- Engagement will build upon the context of the long standing friendship between both countries, recognising the benefits of learning and sharing from one another

In the Health strand, the cooperation agreement outlined in particular the following areas:

- To contribute to the improvement of **maternal health** by supporting the increase in the number of trained midwives and facilitating the exchange of knowledge and skills required for dealing with obstetric and gynaecological emergencies
- To increase the **capacity of Health Colleges (Government and CHAM**) by developing in-country teaching support for trainee clinical officers, nurses, midwives, nurse technicians and allied health professionals
- To **support the College of Medicine** in the development of specialist medical training for health professionals and facilitate mechanisms for the exchange of medical and health management expertise
- To support HIV/ AIDS prevention, treatment and care by developing partnerships for sharing expertise (especially around health education) and assisting in addressing human resource capacity in services
- To support communities to access and deliver health services at local and district level through support of local community initiatives, especially those focussing on child health, disability and gender equality

GOVERNMENT COORDINATION AND PRIORITISATION

One of the unique and effective features of the Governmental links over the past 10 years has been the formal coordinating structures between government and civil servants between Scotland and Malawi. All projects are formally signed off both by the Minister responsible for international/foreign affairs in Scotland and Malawi, and the decision on which areas of work to fund are influenced by the priorities communicated by the Government of Malawi through meetings of the "Joint Permanent Commission of Cooperation" (JPCC). Following the awarding of funds grant managers in for the Scottish Government have direct counterparts in

Malawi (called "Strand Leads") who are responsible for supporting the Malawi side of the funded projects under their strand. This structure ensure that projects meets the needs and priorities as identified by the Government of Malawi, contributing towards development aid principles of alignment and harmonisation, and reducing the duplication of effort.

HEALTH PARTNERSHIP FUNDING ANNOUNCEMENTS

Building on the long history of health links with Malawi (largely the result of missionary work in Malawi) the Scottish Government's funding for health partnership between Scotland and Malawi began in 2005 with the awarding of a number of grants.

Since then the following funding rounds have been run:

- 2005-2008
- 2006-2009
- 2008-2011
- 2010-2013
- 2012-2015
- 2013-2016
- 2015-2018

Further details on the Scottish Government's International Development Programme can be found at http://www.gov.scot/Topics/International/int-dev/Maps/Malawi.

NUMBER OF PROJECTS FUNDED

There have been over 50 projects funded by the Scottish Government under the Health Strand since 2005.

AREAS PROJECTS/THEMES

Over the past 10 years project have been funded in a number of thematic areas in response to the needs and priorities as outlined by the Government of Malawi. Here are a few of them:



TOTAL AMOUNT FOR HEALTH STRAND PROJECTS

Health links funding in each round totalled:

- Between 2005-2007= approximately £2,629,772*¹
- 2008-2011 Projects= approximately £1,539,041*
- 2010-2013 Projects: £3,341,698
- 2012-2015 Projects: £3,878,684
- 2013-2016 Projects: £3,117,009
- 2015-2018 Projects: £2,261.708

In total over £16million has been awarded to projects under the Health Strand of the Malawi Development Programme in the last 10 years.

ORGANISATIONS FUNDED

The following organisations have received funding for single or multiple projects under the Health Strand over the past 10 years.

- 1. Advanced Support in Obstetrics (ALSO) Scotland
- 2. Bell College
- 3. Christian Aid
- 4. Christian Blind Mission
- 5. Church of Scotland World Mission
- 6. Concern Worldwide
- 7. EMMS International
- 8. Meningitis Research Foundation
- 9. Mary's Meals
- 10. NHS Lothian
- 11. NHS Tayside
- 12. Oxfam Scotland
- 13. Queen Margaret University
- 14. Robert Gordon University
- 15. Scotland Malawi Mental Health Education Project
- 16. Sue Ryder
- 17. University of Aberdeen
- 18. University of Dundee
- 19. University of Edinburgh
- 20. University of St Andrews
- 21. University of Strathclyde
- 22. University of West of Scotland
- 23. Voluntary Service Overseas Scotland
- 24. Waverley Care
- 25. Westgate Health Centre
- 26. Yorkhill Children's Charity



¹ * Approximate amounts as full details of total funding awarded not available.

CHAPTER TWO: A DIRECTORY OF HEALTH PROJECTS FUNDED 2005-2015

This section outlines all the projects (where data is available²) that have been funded by the Scottish Government under the Health Strand since 2005.

2005-2008 PROJECTS

Organisation:	ALSO (Advanced Life Support in Obstetrics)
Project Title:	Malawi Maternity Emergency Skills Training Project (Advanced Life Support in Obstetrics (ALSO®))
Project Aim:	Training of clinicians –doctors, clinical officers, midwives and nurses– in dealing with obstetric emergencies.
Total Award:	Information not available
Partner in Malawi:	Ministry of Health and the Reproductive Health Unit (RHU)
Contact:	Noreen Kent, noreen.kent@lanarkshire.scot.nhs.uk



(Pictured) ALSO Project (2005): Participants in ALSO obstetrics training, who went on to train just under 1400 Malawian health professionals. Evaluation from candidates was extremely positive with many expressing how the training helped them in their day to day work. Anecdotal feedback from clinical staff, including the Malawian instructors, is that there was a positive impact on clinical outcomes and confidence levels of staff when dealing with obstetric emergencies.

2006-2009 PROJECTS

Organisation:	Bell College
Project Title:	Supporting primary health care in Malawi

² Available data on projects funded and total grants made between 2005-2008 is not complete.

Project Aim:	3 projects funded looking as technological expertise, acute care skills and newly qualified practitioners.
Total Award:	Total grant information not available
Partner in Malawi:	Kamuzu College of Nursing and Bwaila Hospital

Organisation:	Dundee School of Medicine, Nursing and Midwifery
Project Title:	Developing partnership links with the university and health care institutions in Malawi
Project Aim:	Developing partnership links with the university and health care institutions in Malawi
Total Award:	Total grant information not available
Partner in Malawi:	Various

Organisation:	EMMS International
Project Title:	Improving the Health of Communities Around Mulanje, Malawi
Project Aim:	To improve the quality of life of people in Mulanje by enabling them to identify and solve their own problems in the areas of health, nutrition and HIV/AIDS control.
Total Award:	£136,313
Partner in Malawi:	Mulanje Mission Hospital
Contact:	James Wells, <u>James.Wells@emms.org</u>

	Queen Margaret University
Organisation:	
Project Title:	Capacity building in Malawi
Project Aim:	To support health management capacity building in Malawi.
Total Award:	Total grant information not available

Organisation:	Scotland Malawi Mental Health Education Project
Project Title:	Knowledge exchange between Scotland and Malawi
Project Aim:	To facilitate the exchange of knowledge and expertise between Scottish and
	Malawian practitioners in Higher Education.
Total Award:	Total grant information not available

Organisation:	Westgate Health Centre
Project Title:	Twinning Between Malawian Clinics and Scottish General Practices
Project Aim:	Twinning Between Malawian Clinics and Scottish General Practices
Total Award:	£31,000
Partner in Malawi:	Zingwawa Medical Centre Malawi
Contact:	Sam Riddell, <u>sam.riddell@nhs.net</u>

Organisation:	University of St Andrews
Project Title:	Working with College of Medicine to develop curriculum
Project Aim:	Working with College of Medicine to increase the College's capacity through the
	development of a revised curriculum.
Total Award:	Information not available
Partner in Malawi:	College of Medicine

Organisation:	University of Edinburgh
Project Title:	E-learning with the College of Medicine
Project Aim:	To continue to work with the College of Medicine to modernize the College's Medical Programme through the use of e-learning and the sharing and building of electronic teaching resources and IT systems.
Total Award:	£176,000
Partner in Malawi:	College of Medicine

Organisation:	Concern Worldwide
Project Title:	Preventing malnutrition
Project Aim:	Concern Worldwide will deliver training and build capacity to support effective co-ordination among the different development partners. The programme will enable health workers and community members to identify, refer and treat children with severe acute malnutrition and to prevent malnutrition over the longer term.
Total Award:	Information not available

Organisation:	Christian Aid
Project Title:	HIV awareness raising among young people
Project Aim:	Christian Aid will work with partners in Malawi to educate and raise awareness of the issues surrounding HIV with a particular focus on young people through youth- led theatre, music and performance art and the production of related material.
Total Award:	Information not available

Organisation:	University of the West of Scotland
Project Title:	Development of multi-professional skills facility in Blantyre, Malawi
Project Aim:	University of the West of Scotland will design and develop a multi-professional skills facility in Blantyre, Malawi. Through the use of clinical simulation equipment and expertise the College will offer a range of learning and teaching approaches to meet the needs of healthcare professionals.
Total Award:	Information not available
Partner in Malawi:	College of Medicine

Organisation:	Waverley Care
Project Title:	Increasing the inclusiveness, quality and access to youth friendly sexual reproductive health services
Project Aim:	Waverley Care will increase the inclusiveness, quality and access to youth friendly sexual reproductive health services for vulnerable and young people in Malawi. The programme will also look to increase the influence and participation of young people in the policy design and implementation of sexual reproductive health service.
Total Award:	Information not available

2008 – 2011 PROJECTS

Organisation:	Advanced Support in Obstetrics (ALSO) Scotland
Project Title:	ALSO Maternity Emergency Skills Project
Project Aim:	This project aimed to support maternal health within Malawi through the provision
	of emergency skills to health care workers.
Total Award:	£110,000
Partner in Malawi:	Ministry of Health and the Reproductive Health Unit (RHU)
Contact:	noreen.kent@lanarkshire.scot.nhs.uk

Organisation:	Christian Blind Mission
Project Title:	Building Capacity for specialist eye care services in Malawi
Project Aim:	This project worked to save the sight of blind individuals in Malawi, working in hospitals in Central and Southern Malawi.
Total Award:	£75,800

Organisation:	Church of Scotland World Mission
Project Title:	Nuthenge Safe Motherhood Programme
Project Aim:	The Church of Scotland decreased maternal mortality in Nathenje health delivery area by increasing awareness in the community on maternal health, empowering women to access health services, progressing referrals, improving delivery care on health centre level and building institutional capacity in local government.
Total Award:	£265,405
Partner in Malawi:	ССАР
Contact:	Carol Finlay, <u>CFINLAY@cofscotland.org.uk</u>

Organisation:	Concern Worldwide
Project Title:	Community Therapeutic Care Programme
Project Aim:	Concern Worldwide contributed to a sustainable reduction in mortality and morbidity among children under 5 associated with malnutrition in Lilongwe and Nsanje districts.
Total Award:	£400,000

Organisation:	Oxfam Scotland
Project Title:	Managing HIV in Malawi through Enterprise and Empowerment
Project Aim	Oxfam empowered approximately 50,000 of the most vulnerable people affected by HIV in Chiradzulu District to develop sustainable livelihoods and to exercise their rights in gaining access to appropriate health services.
Total Award:	£372,832

Organisation:	University of Edinburgh
Project Title:	Lifelong Medical Education Online
Project Aim:	The University of Edinburgh shared and built electronic teaching resources and IT

	systems to support career long education and training of doctors, nurses and clinical officers throughout Africa. They implemented this project through the collaborative working of a team of clinicians, educators and learning technology specialists from Scotland and Malawi.
Total Award:	£397,643

Organisation:	University of St Andrews
Project Title:	Enhancing Medical Training
Project Aim:	This project worked to achieve sustainable training by the College of Medicine of a larger, more coherent, skilled and adaptable medical workforce. It implemented relevant and cost-effective curricular, human resource and infrastructural developments within the College of Medicine.
Total Award:	£252,000

Organisation:	University of Strathclyde
Project Title:	Scotland Chikwawa Health Initiative
Project Aim:	The University of Strathclyde implemented the Essential Health Package and Healthy Village Initiative at community level in TA Makhwira, Chikwawa District. This improved laboratory facilities in line with the Essential Laboratory Services for the diagnosis of parasitic infections, so that reliable baseline data can be delivered at local, district and country levels.
Total Award:	£63,193
Partner in Malawi:	University of Malawi (Polytechnic), Chikwawa District Health Office and the Ministry of Health
Contact details:	Dr Tracy Morse, <u>tracythomson@africa-online.net</u>



(Pictures above): Baseline survey data collected from community groups in Chikwawa.

Organisation:	University of the West of Scotland
Project Title:	Development of a designated multi-professional skills facility in Blantyre
Project Aim:	UWS developed a designated multi-professional skills lab (medium to high fidelity) and designed a portfolio of learning and teaching approaches that meet the range of healthcare requirements in Malawi through the development of professional expertise.

Total Award:	£251,000
Partner in Malawi:	College of Medicine
Contact:	Allison MacLachlan, <u>allison.McLachlan@uws.ac.uk</u>



(Pictured above): University of West of Scotland (2008-11) project: Nurses eager to work with SimMan in the multi-professional skills lab.

Organisation:	Oxfam Scotland
Project Title:	Sustainable Livelihoods
Project Aim:	Oxfam Scotland will work with local communities to assist the most vulnerable people affected by HIV in the Chiradzulu District to develop sustainable livelihoods and to exercise their rights in gaining access to appropriate health services.
Total Award:	Information not available

2010 - 2013 PROJECTS

Organisation:	СВМ
Project Title:	Improving Children's Eye Care in Malawi
Project Aim:	CBM have improved the provision of child eye care through the establishment of a children's eye care centre in Blantyre, supported by a network of community-based health workers. CBM organised an extensive training programme, significantly increasing the number of clinical officials in Lilongwe trained in paediatric vision assessment. The project has provided equipment to enable examinations for children with visual disabilities and has established a referral system and protocol for the management of children with cataracts and other serious eye conditions.
Total Award:	£75,100

Organisation:	Christian Aid
Project Title:	Empowerment for Health & Livelihoods
Project Aim:	Christian Aid built on a successful programme of work previously funded by the Scottish Government to reduce HIV transmission. The project has supported at least 600 people and communities affected by HIV/AIDS to access a comprehensive range of nutritional, economic, care and support services in Karonga, Northern Malawi.
Total Award:	£400,000

Organisation:	Church of Scotland
Project title:	Nkhoma Safe Motherhood Programme
Project aim:	The Church of Scotland were awarded funding to continue their work which began under a previous project in the Nathenje area in Lilongwe, Malawi. The project focussed on improving the quality of care through the referrals process for women experiencing complications in childbirth. The project has built capacity within the local area to improve maternal health, trained traditional birth attendants, improved awareness of maternal health and empowered women to access healthcare. Additionally, the Church of Scotland have improved the availability and quality of reproductive health services.
Total Award:	£399, 401
Partner in	ССАР
Malawi:	
Contact:	Carol Finlay, <u>CFINLAY@cofscotland.org.uk</u>

Organisation:	Concern Worldwide
Project Title:	Health & Nutrition Programme
Project aim:	This project, run by Concern Worldwide, has addressed the barriers to accessing health care services among the rural poor. The approach developed the capacity of the health sector in 500 villages, taking a community based approach to identify, refer and care for malnourished mothers and children. Concern have increased the capacity of local communities to support and monitor maternal and child health, increased knowledge and skills to prevent illness and provide treatment.
Total Award:	£397,464

Organisation:	NHS Tayside Emergency Service
Project Title:	Supporting the Establishment of the First Adult Emergency and Trauma Centre
Project aim:	NHS Tayside Emergency Service have supported the provision of training programmes on adult emergency medicine, enabling the development of a new Adult Emergency and Trauma Centre within the Queen Elizabeth Central Teaching Hospital, Blantyre. The project has provided clinical support to the new unit and has trained local staff. Emergency medical specialists from Scotland have worked with colleagues in Malawi to improve the delivery of emergency care for adults with acute medical conditions, consequently increasing the survival rates of patients.
Total Award:	£331,436
Partner in	Queen Elizabeth Central Hospital Blantyre / Ministry of Health
Malawi:	
Contact:	Dr Barry Klaassen, <u>barry.klaassen@nhs.net</u>



(Pictured) Dr Klassen of NHS Tayside (2010-13) presenting defibrillators to Adult
Emergency and Trauma Centre Nursing and medical staff at train the trainers course.



(Pictured) Gwen Gordon of NHS Tayside (2010-13) training nurse students on departmental airway mannequin - all becoming skilled at bag valve mask ventilation - a life-saving skill.

Organisation:	Oxfam Scotland
Project Title:	Promoting Sustainable Livelihoods for Vulnerable Groups in the Chiradzulu District
Project aim:	Oxfam Scotland have worked with partners in Malawi to empower people affected by HIV/AIDS in the Chiradzulu District, which has the highest rate of HIV/AIDS in Malawi. The project included a broad range of activities which focus on support for sustainable economic development, as well as gender equality and female empowerment. The project involved the establishment of village savings and credit associations in addition to management training for over 5,000 women and the formation of enterprise groups to support beneficiaries to manage profitable small scale businesses. The project has taken a holistic approach to health care and economic development and empowers and supports people to make positive changes to their own lives.
Total Award:	£400,000

Organisation:	Scotland-Malawi Mental Health Education Project
Project Title:	Building Mental Health Education
Project aim:	The Scotland Malawi Mental Health Education project is a charity run by mental health professionals working in Scotland. Their project has worked to improve the treatment of mental illness through the education and training of mental healthcare professionals in Malawi, particularly focussing on improving the identification and treatment of maternal depression and post-natal depression. Psychiatrists from Scotland delivered undergraduate training with their partners at the Malawi College of Medicine and established a Masters postgraduate training course to help to increase access to, and improve the quality of, mental health care in Malawi. SMMHEP provided all teaching materials for the training.
Total Award:	£288,590

Organisation:	University of Edinburgh
Project Title:	eLiCE: e-Learning in Clinical Education
Project aim:	The University of Edinburgh has improved the standard of clinical education in Malawi by further developing e-learning resources. Additionally, they have built capacity and increased skills of the educators and Malawian institutions to use e-learning. Digital teaching and learning resources have been provided for undergraduate and postgraduate students in medicine and nursing on the servers at the medical colleges. The University of Edinburgh have run e-learning workshops, developed an online portal and modernized the curriculum to incorporate e-learning. The project built on a previous Scottish Government grant to support the University's work with the College of Medicine in Malawi, and has shared resources and expertise between institutions in Scotland and Malawi.
Total Award:	£399,024
Partner in	Queen Elizabeth Central Hospital, Blantyre
Malawi:	
Contact:	David Dewhurst, <u>d.dewhurst@ed.ac.uk</u>



(Pictured below): Kamuzu College of Nursing and University of Edinburgh E-Learning Project Teams, Lilongwe Campus, October 2010

Surgeon completes online Edinburgh University course from Africa

() 29 November 2013 | Edinburgh, Fife & East Scotland

A surgeon is the first Malawian graduate from an online programme which allowed him to study remotely while working in an African hospital.

Dr Lughano Kalongolera, who lives in Malawi, has spent three years studying for an MSc in surgical sciences from Edinburgh University.

The qualification is offered jointly by the university and the Royal College of Surgeons of Edinburgh.

Dr Kalongolera travelled to Edinburgh for his graduation ceremony.

The part-time distance-learning programme began in 2006 and now supports more than 250 surgical trainees internationally.



One of the key players in the successful development of the online programmes was Dr Gladys Msiska who obtained her PhD from Nursing Studies, University of Edinburgh in 2012. Dr Gladys Msiska was invited to present a paper based on the project to the 2015 *International Confederation for Community Health Nursing Research Conference*. August 2015. The theme of the conference was "Knowledge translation into Community health nursing health promotion across the lifespan.

Organisation:	University of Strathclyde
Project Title:	Scotland Chikwawa Health Initiative
Project aim:	The University of Strathclyde have built on a previous successful programme in the Chikwawa district. Their project has trained health centre staff, upgraded health centre equipment and educated community members to raise awareness and understanding of the value of maternal and neonatal health care. Strathclyde University have collected data to improve programme planning, trained health surveillance assistants, upgraded equipment, trained safe motherhood committees, constructed maternal health shelters and staff housing and raised awareness of maternal health. This project has improved community health care, and has focussed on reducing maternal and neonatal mortality.
Total Award:	£341,693
Partner in	University of Malawi (Polytechnic), Chikwawa District Health Office and the Ministry of
Malawi:	Health
Contact details:	Dr Tracy Morse, <u>tracythomson@africa-online.net</u>



(Pictured): Constructed maternal health shelter in Chikwawa.

Organisation:	Waverley Care
Project Title:	"Pezani Mwayi" - "To have access"
Project aim:	Waverley Care have addressed the prevention, treatment and care of people with HIV/AIDS in addition to supporting vulnerable people to access appropriate services. The project has built on an existing successful project funded by the Scottish Government and will work to increase the influence and participation of young people in the policy and implementation of sexual reproductive health services. Waverley Care have delivered training and raised awareness of HIV/AIDS, improved accessibility to contraception, developed training materials and manuals and ran awareness workshops. The project has improved treatment and care of those affected by HIV/AIDS and has reduced infection rates through work on prevention and safe sex.
Total Award:	£399,000

2012 - 2015 PROJECTS

Organisation:	Voluntary Service Overseas (VSO) Scotland
Project Title:	Ntcheu Integrated Maternal Health Project
Project aim:	Working through VSO Malawi, this project will improve the skills of clinical staff, specifically midwives, to provide quality maternal services whilst improving the knowledge and health

seeking behaviour of 70 villages in two traditional authorities of the Ntcheu District. The project will also explore linkages with other organisations in Ntcheu to address climate change and will support motherhood groups to further mitigate against the negative impacts of climate change.

Total Award:	£399,427
Contact:	Pamela Woodburn, pamela.woodburn@vsoint.org

VSO Case study:

Gertrude is a 24 year old married lady from Chipezayani village. Gertrude left school after form 4 and worked as a volunteer teacher in adult literacy classes. She has never been employed and farms with her husband.



Gertrude feels she has personally benefitted from the maternal and neonatal health information and has recently delivered a healthy baby in a health facility. She attended ante natal classes (ANC) throughout her pregnancy but did not attend ANC regularly or in the first trimester during previous pregnancies. She says that she was more prepared for delivery this time and had ensured that she had the appropriate equipment and baby clothing ready at the time of delivery.

The outcomes at both community and facility level contributed to a reduction of facility based maternal

mortality rate from 159 deaths per 100,000 births to 69; whilst neonatal mortality rate was reduced from 14 deaths per 1000 live births to 5 deaths. The number of live births increased from 4,968 in 2012 to 12,546 in 2014. This is against a national current rate of 460 per 100000 live births.

Organisation:	Sue Ryder
Project Title:	Mobile Clinics in rural Malawi
Project aim:	This new project aims to provide regular access to healthcare services in rural areas, working with the Sue Ryder Foundation in Malawi. Through the use of already established mobile clinics and the provision of professional healthcare services, this project will improve the health of people with asthma, epilepsy and/physical disabilities in rural communities in Balaka and Ntcheu. As well as enabling access to healthcare in rural areas it will also provide much needed equipment for disabled people such as walking sticks, and medicines to control long term health conditions.
Total Award:	£240,845

Organisation:	University of Edinburgh, Global Health Academy
Project Title:	ICT to Improve Rural Maternal Health
Project aim:	This project will improve the maternal and neonatal health of the rural population served by Nkhoma Hospital, and its 9 health centres, by linking together patient held paper records (health passports) with an electronic record system to create a continuum of care from pregnancy to delivery. This will ensure that essential health interventions are carried out and all health staff (in hospital and in community) share essential lifesaving information.

Total Award:	£399,447
Contact details	Dr Liz Grant, Liz.Grant@ed.ac.uk

Organisation:	University of St Andrews
Project Title:	Enhancing Healthcare Training
Project aim:	By facilitating the transfer of skills, processes and technology, the aim of this project is to help the College of Medicine fulfil its central role, given to it by the Government of Malawi, in the training of doctors and allied health professionals (including clinical officers) and to enhance the numbers and future performance of these crucial groups of health care professionals. The University of St Andrews has a historic relationship with the Malawi College of Medicine and we have funded two previously successful projects that have substantially increased the number of medical students the college can train each year. This project will build on that previously successful work as well as developing the undergraduate curriculum and training for allied health professionals.
Total Award:	£260,156
Partner	Ann Gloag Foundation
organisation	College of Medicine Blantyre Malawi
	Health Behaviour of School Age Children
	European Developing Country Clinical Trials Partnership
	Innovative Medicine Initiative (EU)
	University of Liverpool
	Wellcome Trust Laboratory Blantyre
	Kamuzu Central Hospital, Lilongwe
Contact details	Dr Stephen H Gillespie <u>shg3@st-andrews.ac.uk</u>



(Pictured): Medical student Mercy receiving training from Dr Sabiti from the University of St Andrews, 2012-2015



(Pictured): IT team who went out to install servers that facilitated the delivery of the electronic curriculum that St Andrews worked with CoM to develop and to allow the two campuses to communicate, 2012-2015.

"It was with a great pleasure to work with PanBiome project. I have gained skills in Molecular Biology, doing Real time PCR, RNA/DNA extractions and also use of modern equipment i.e. Pipetting Robot and Rotor-Gene. The skills that I have obtained have helped me in acquiring new knowledge in TB research and diagnostics and I hope they serve a good platform in my advancement in my career development in Laboratory Science and other upcoming research studies". Mercy, medical student at College of Medicine.

Organisation:	University of Dundee
Project Title:	Introduction of PROMPT course (Practical Obstetric Multi Professional Training) to Malawi
Project aim:	This new project will reduce maternal mortality and morbidity through the introduction of PROMPT training – a proven team approach to recognition and management of emergencies in maternity care that will increase the knowledge and ability of individual maternity health care workers. This project will work with the School of Anaesthesia which is soon to merge with the College of Health Sciences in Malawi. The funding will be implemented using a 'train the trainers' method and the funding includes the supply of medical mannequins to allow in-depth training on a variety of obstetric emergencies.
Total Award:	£241,681
Partner in	College of Medicine and initially Kamuzu Central Hospital, latterly Nkhoma Mission Hospital
Malawi:	
Contact:	Neil Merrylees N.Z.Merrylees@dundee.ac.uk and Jon Dowell j.s.dowell@dundee.ac.uk

'In General Practice, I learnt a great skill: a patient based practise tailored to meet patient's individual needs. I believe in the field of medicine people become better each and every day of practice, the more exposure you get the ... better you become. As such, teachers should understand the fact that students are not better than them and their role is to help and shape ... them, well reflected in the words of Bertrand Russell: "No man can be a good teacher unless he has feelings of warm affection toward his pupils and a genuine desire to impart to them what he himself believes to be of value." College of Medicine student following a visit to Dundee.

Organisation:	Ipact, University of Aberdeen
Project Title:	Project Title: A Sustainable Rural Midwifery Model
Project aim:	This new project will involve Aberdeen University collaborating with Robert Gordon University to work with the Ministry of Health in developing a sustainable model for midwifery education and practice. This will involve reviewing, evaluating and strengthening the training and support of community midwives in rural Malawi; to develop and sustain their skills and improve recruitment and retention. Ipact, who are based at the University of Aberdeen, are experts in the field of maternal health and this project will link in with a wider Sub Saharan Africa project which is applying for EU funding to evaluate the best method by which to increase maternal survival rates in rural areas. The outcome of this project therefore has the potential to have a wide ranging impact across Africa in improving maternal health.
Total Award:	£397,786
Partner organisations:	Ministry of Health, but we also worked closely with the Nursing and Midwifery Council, certain CHAM colleges and latterly the Association of Malawian Midwives.
Contact name:	Jacqui Bell: jacqueline.bell11@nhs.net



(Pictured) RGU and Aberdeen University training course in emergency obstetric care, 2015.

"I am confident after being mentored because we tell our mentor the issues we want to learn and so if we inform him or he sees that areas that we are not performing well, we are given a period to implement a particular thing until we are familiar with it and during the process he supervises us, for example during delivery he comes to watch how I am helping the woman deliver a baby. If he observes I am off track, he comes in to assist... and then after delivery he tells me areas I had problems with and during the next delivery he will be there too to see if the problems are still there until he is convinced things are ok." CMA, Zomba (2012-2015).

2013 - 2016 PROJECTS

Organisation:	EMMS International
Project Title:	RNM and Clinical Officer Training, Ekwendeni College of Health Sciences
Project aim:	This project aims to address maternal mortality and the lack of medical resources and staff in Malawi's health centres and clinics. The project will aim to improve maternal health through increasing the number of trained midwives and capacity of Health Colleges to train clinical officers and midwives. EMMS International will increase: training places; qualified staff serving rural areas; and, professionals in the market. Further, the project will develop the curriculum, recruit trainers, provide textbooks for students and renovate classrooms and student accommodation to improve the opportunities available for students.
Total Award:	£75,162

Partner organisation	Ekwendeni College of Health Sciences (part of Church of Central Africa Presbyterian
	Synod of Livingstonia).
Contact:	Cathy Ratcliff: <u>Cathy.Ratcliff@emms.org</u>



"Being an RNM is something that God Almighty has blessed me with. I was motivated by a lot of people around me to become an RNM, especially nurses in my area who were my models and always encouraged me to work hard in class to have best results that would help me to become what I want in life. To care for the sick and show them love and assurance is what I was always dreaming of for many years; to bring a change is what I wanted because there is a spirit in me of making things better for everyone and making everyone feel important whether in health or sickness." Constance Mkandawire, a first year RNM student at Ekwendeni College of Health Sciences

Organisation:	Strathclyde University
Project Title:	Scotland Chikhwawa Health Iniative (SCHI)
Project aim:	Improved health status can be addressed through the Healthy Settings approach. Healthy Settings not only addresses access to curative health services, but also environmental, sociological and economic determinants for health in the home, school and work environments using a community led approach. This can lead to substantial reductions in the burden on curative health services and reduce the morbidity and mortality of both communicable and non-communicable diseases in communities. This project will seek to develop eighteen model communities, in-line with the Healthy Settings approach and integrate the principles into the six associated schools, five markets and one health facility.
Total Award:	£388,342
Partner in	University of Malawi (Polytechnic), Chikwawa District Health Office and the Ministry of
Malawi	Health
Contact:	Dr Tracy Morse, <u>tracythomson@africa-online.net</u>



(Pictured): The University of Strathclyde sponsored Re:active 2014/15 programme was managed by the SCHI team. School and community based young people were supported through the mentorship programme My Life, My Choice (Moyo wanga, Chisankho change). They engaged with University of Malawi students, peers and sporting celebrities to learn about healthy life choices, the importance of education, and entrepreneurship

Organisation:	Scotland-Malawi Mental Health Education Project (SMMHEP)
Project Title:	Enhancing Mental Health Training
Project aim:	This project aims to train and support mental health specialists to take leading roles in strengthening the mental health training of District-level primary health teams. The project will adopt a key recommendation of the WHO Mental Health Gap Action Programme (mhGAP) - that adequate human resources for delivery of essential mental health interventions should be met by community–based programmes, and that task shifting approaches that train and support non-specialist health professionals should be used. A programme of sustainable cascaded training in district level mental health care will be developed and delivered in 5 districts. By the end of the project the skills and infrastructure will be in place to roll out the programme to all districts within existing Ministry of Health structures. The project will also develop sustainable e-learning based postgraduate and undergraduate mental health courses at the College of Medicine to consolidate the on-going training of mental health specialists (doctors, medical students), and reduce reliance on short-term volunteers. In addition, annual Malawi Health Conferences will be organised to promote exchange of research findings, knowledge and skills among mental health professionals within and without Malawi.
Total Award:	£382,180
Contact:	sgleadowware@gmail.com

Organisation:	University of Edinburgh
Project Title:	Transforming the Education and Training of Clinical Professionals Delivering Maternal and
	Child Healthcare in Malawi
Project aim:	Malawi has high maternal, neonatal, child and infant mortality rates and the Government
	has made a major commitment to address these issues in-line with the Millennium
	Development Goals. A skilled, multi-disciplinary workforce able to work together to solve
	these problems is a national priority. Leaders in the professions, which have direct impact on

	health service quality, require specialist education/training beyond their initial qualifications, and both the College of Medicine (COM) and the Kamuzu College of Nursing (KCN), at the University of Malawi now offer Masters courses for doctors and nurses in maternal and child health specialties. In addition, and in response to a Ministry of Health request, COM has developed new specialty BSc degrees for Clinical Officers. In partnership with the University of Malawi, this project will support the development, delivery and management of the Masters and Clinical Officers degrees, and address missed opportunities to share teaching and training between specialties, and the lack of an integrated, multidisciplinary response to clinical problems.
Total Award:	£396,425
Partner in	Queen Elizabeth Hospital and College of Medicine,
Malawi:	
Contact:	David Dewhurst, <u>d.dewhurst@ed.ac.uk</u>



(Pictured): Faculty Kamuzu College of Nursing Workshop: Discussion with Professor Helen Cameron (University of Edinburgh) about eassessment, June 2015.



(Pictured): Kamuzu College of Nursing Faculty Workshop with Pam Smith, Blantyre Campus, June 2015.

Organisation:	Concern Worldwide
Project Title:	Improving Opportunities and Use of Reproductive Health Among Women and Youth (OUR WAY)
Project aim:	Although Malawi has made progress in decreasing maternal mortality over the past 5 years, the maternal mortality ratio remains among the highest in the world, at 675/100,000 live births. Concern's health and nutrition surveys have consistently found that women living farther from health facilities are less likely to access antenatal and postnatal care, and are more likely to deliver at home. This project will address access to services through expanding community-based options for reproductive health and family planning, including mobile outreach clinics, particularly for hard-to-reach populations. Existing Village Health Clinics, which currently only treat children under five years of age, will be supported to incorporate community-based family planning services.
Total Award:	£400,000

Organisation:	Meningitis Research Foundation (MRF)
Project Title:	Action Meningitis: Enhancing Awareness and Recognition of Severe Illness in Children in Malawi



(Pictured): Using a triage system using traffic lights, developed by WHO, and through a bespoke training package, healthcare workers are enabled to detect vital signs of severe illness in children (2013-2016)



(Pictured): A healthcare worker assesses a sick child using the triage tool on his phone, Bangwe Primary Health Centre, Blantyre District (2013-2016)

"At Bangwe we are now working together as a team. It is helping us manage the children so much better. We are seeing them far more quickly than before" Health Surveillance Assistant, Bangwe Primary Health Centre

Organisation:	NHS Lothian
Project Title:	The Edinburgh Malawi Cancer Partnership
Project aim:	In response to the growing numbers of patients diagnosed with cancer, the Queen Elizabeth Central Hospital in Blantyre has established a cancer unit, the only one in Malawi. With the establishment of the unit, there is an urgent need to help facilitate the development of upgraded and sustainable cancer services to ensure that the impact of improved treatment for patients with cancer is achieved. Therefore, the main outcome for this project is the development of an integrated cancer and palliative care unit at the hospital promoting high quality, safe and effective treatment for patients with all stages of cancer. The project will work to develop effective data management systems to organise clinical care and to monitor information on workload and outcomes. A multi-disciplinary team will work to ensure that decisions on patient care are best informed, and a multi-professional approach to care delivery is developed to ensure the service can make more effective use of its workforce, maximising capacity and capability. Further, robust evidence-based protocols that support clinically effective and safe evidence-based practice will be developed.
Total Award:	£158,292
Partner in Malawi:	Oncology Unit, Queen Elizabeth Central Hospital, Blantyre.
Contact:	Ewan Brown, <u>Ewan.Brown@nhslothian.scot.nhs.uk</u>



"This project has allowed us to appreciate the advantages of working together as a team and has led to closer working with the palliative care team which has resulted in better quality of care for our patients. The development of a new weekly multidisciplinary meetings that discusses patients with complex presentations of cancer has allowed us to better understand each other's specialties and allowed us to make sure that patients have all treatment options considered" Yankho Jere, Clinical Officer in oncology, Queen Elizabeth

Organisation:	NHS Lothian
Project Title:	Developing a Sustainable Programme of Cervical Cancer Screening
Project aim:	In Malawi, cervical cancer is the most frequent cancer among women of a reproductive and economically important age (45.4% of female cancers), with an 80% mortality, with numbers projected to increase over the next two decades. There are currently no national programmes for cervical cancer prevention through immunisation or screening, contributing to the high burden of mortality: many women now survive childbirth only to die later of preventable cervical cancer. Inadequate access to treatment, ostracisation of women with severe symptoms of cervical cancer, and limited palliative care services are additional features. This project will develop a sustainable cervical cancer prevention programme through three

linked elements: increased provision of screening clinics; a 'train the trainers' skills model for staff in Nkhoma Hospital; and, development of staff skills in data collection and monitoring to inform future services.

Total Award: Total award: £399,399

Contact: Heather Cubie, <u>Heather@cubie-edinburgh.com</u>



(Pictured): Explaining cold coagulation to First Lady and Vice-President's wife, August 2015

(Pictured): Chimbalanga Mobile Outreach Campaign, 28th September -2nd October, 2015

	Christian Aid Scotland
Organisation:	
Project Title:	Enhanced Community-Based Maternal, Neonatal and Child Care in Karonga District
Project aim:	 This projects aims to contribute to the achievement of Millennium Development Goals 4 and 5 by addressing the major causes of maternal, neonatal and child mortality in Karonga District, northern Malawi. In particular, the project aims to: Increase access to, and uptake of, quality Maternal Neonatal Child Care (MNCH) services through strengthening village health clinics in all 63 villages. Strengthen referral and case management processes through redefining the traditional birth attendants' role to 'mother advisors', and establishing a reward scheme for referring women to health facilities for delivery. Provide mobile telephones to link communities to their nearest health facilities, and four motorbike ambulances to enable referrals to health facilities and the district hospital. Improve community participation in MNCH care through 66 established women groups, and strengthen the capacity of women, men and community leaders to make positive decisions that address socio-cultural and domestic barriers affecting women's health.
Total Award:	£385,963
Partner in	Various community partners
Malawi:	
Contact:	Keryn Banks, <u>kbanks@christian-aid.org</u>

Organisation:	Mary's Meals
Project Title:	Mary's Meals School Feeding Programme Expansion
Project aim:	The project will establish school feeding operations in 18 primary schools, in turn increasing access to education and improving nutrition for children. Primary education net enrolment rate in Malawi is very low and the numbers of children completing primary education are low because of high dropout rates and progression rates are also poor. Malnutrition is common amongst children and low attendance at school is predominantly attributed to sickness or hunger. The project meets development needs of Malawi by contributing to the goal of universal primary education such as hunger. The project will offset immediate household costs and support short-term economic growth through purchase of food from local small scale producers. Long term it contributes to sustainable economic growth through contribution to an individual's nutritional requirements and education releasing individual potential and that of the nation in general.
Total Award:	£399,846
Contact:	Gillian McMahon, gillian.mcmahon@marysmeals.org

2015 - 2018 PROJECTS

Organisation:	NHS Scotland Lothian
Project Title:	The Edinburgh Malawi Breast Cancer Project
Project aim:	To achieve and demonstrate improvement in breast cancer treatment at Queen Elizabeth Central Hospital, Blantyre through development of multi-disciplinary care and enhanced pathology.
Total Award:	£185,340
Partner in Malawi:	Oncology Unit, Queen Elizabeth Central Hospital, Blantyre.
Contact:	Ewan Brown, Ewan.Brown@nhslothian.scot.nhs.uk

Organisation:	Robert Gordon University
Project Title:	Improving Respectful Midwifery Care in Rural Malawi: a Human Rights Approach
Project aim:	The project will develop, implement and evaluate respectful care using a human rights approach to maternity care in Malawi.
Total Award:	£432,196
Partner in Malawi:	Association of Malawian Midwives and the White Ribbon Alliance.
Contact:	Jane Geddes: geddesjane@yahoo.co.uk

Organisation:	Christian Aid (CA) Scotland
Project Title:	Increasing Citizen's Demand for Accountability and Transparency (ICiDAnT) for maternal and child health
Project aim:	To increase community demand for and participation in accountable, responsive maternal and child health service delivery in Balaka district in Southern Malawi.
Total Award:	£600,000
Partner in Malawi:	Various community partners
Contact:	Keryn Banks, <u>kbanks@christian-aid.org</u>

Organisation:	Yorkhill Children's Charity
Project Title:	Improving Eye Health and Reducing Unnecessary Blindness in Malawi
Project aim:	This project will reduce unnecessary blindness in Malawi by building capacity of health professionals to provide a national eye care service for children and for people of all ages with diabetes.
Total Award:	£173,355

Organisation:	Meningitis Research Foundation
Project Title:	Triage and treatment, training and engagement. A package for sustainable healthcare improvement in Malawi's primary health clinics.
Project aim:	The project will deliver a proven health package for early recognition, treatment and appropriate referral of severely ill children in community health centres, acceptable and ready for implementation across Malawi.
Total Award:	£594,899
Partners in Malawi	Implementation partners: Malawi Liverpool Wellcome Trust, Theatre for Development partners: African Centre for Communication and Development (ACCD) Technology partners: D-tree International Malawi Ministry of Health
Contact:	Mary Millar, MaryMillar@scotland-meningitis.org.uk

'In the past even if you come with a child who is very sick, your fellow carers could not give you a chance to go in front of a queue for your child to be helped immediately. But now things have improved because when a child is very sick s/he is put in front of a queue' Carer at MMF Clinic, 2015-2018.

Organisation:	University of Strathclyde
Project Title:	Impact on Malaria, Maternal Health and the Prognosis for AIDS by Quality Assurance, Knowledge exchange and Training (IMMPAQKT)
Project aim:	The objective of this project is to improve the health of the people of Malawi in the three key areas of malaria, maternal health and AIDs; by developing a programme for the quality assurance of traditional herbal medicines and by increasing the knowledge of the conventional medical profession in traditional medicine both by academic training and through knowledge exchange with traditional healer.
Total Award:	£275,918
Partner in	University of Malawi (College of Medicine) Forest Research Institute Malawi. National
Malawi:	Botanic Gardens of Malawi and National Traditional Healers Umbrella Organisation

c.j.clements@strath.ac.uk

(Pictured): Strathclyde University (2015-18): Workshop between traditional healers and medical professionals, October 2015



CHAPTER THREE: ADDITIONAL SUPPORT FOR HEALTH LINKS OVER PAST 10 YEARS

2006 SCOTTISH EXECUTIVE "VSO AND NHS SCOTLAND PARTNERSHIP"

- Funded by Scottish Executive for 2 years
- > Funding assured continuity of terms and conditions of NHS staff volunteering in Malawi
- > 20 specialised volunteers worked in Malawi
- VSO covered flights and a modest living allowance
- > Volunteers were eligible to apply for £5000 grants for project in-country

SMP HEALTH COMMITTEE (2008- 2012)

Traditionally the SMP had a number of internal committees which focused on key areas of Scotland-Malawi engagement, such as health, education, higher education and school linking. The Health Committee existed to support SMP member active in health links through the drafting of papers and briefings and the hosting of events.

SMP HEALTH LINKS FORUM (2012- PRESENT)

Early in 2012 the SMP established five Member Forums to strengthen Scotland-Malawi people-to-people links through active, informed and sustained two-way dialogue.

Forum meetings are open to all SMP members, as well as key external stakeholders. Each forum meets two or three times a year, and actively seeks input from Malawian civil society and the Government of Malawi to inform discussions.



The SMP Member Health Links Forums aims to:

- Raise awareness of existing Scotland-Malawi health engagements;
- Help reduce duplication of effort;
- Promote best working practice;
- Disseminate and engage Malawian priorities, views and policies;
- Explore potential areas of new activity;
- Encourage, facilitate and support collaborative working;
- Inform, feed into and support SMP health engagements.

The SMP Health Forum meets three to four times a year, bringing together healthcare professionals and NGOs engaged in health work, connecting with partners in Malawi and the governments of Malawi, Scotland and the UK. All are welcome to be a part of this forum.

Currently the SMP has members representing over 100 SMP Health Links. To view their profiles visit <u>www.scotland-malawipartnership.org/areas-of-partnership/health/</u> or contact <u>info@scotland-malawipartnership.org</u>.



(Pictured): Blessing Kachala, Queen Margaret University, sharing the outcomes of her 2015 PhD on elderly carers of orphans in Malawi at SMP Health Forum, February 2015.

SUPPORT IN MALAWI

Health Partnership between Scotland and Malawi are also supported from the Malawian side through a number of coordinating structures.

Government of Malawi Strand leads

For those health partnerships funded by the Scottish Government, health links are offered support, advice and networking opportunities through the Health Strand Lead, based in the Ministry of Health. This involves quarterly meetings for sharing learning and exploring collaboration. Currently the Health Strand lead is Rabson Kachala., <u>mbewekachala@gmail.com</u>

Malawi Scotland Partnership Health Group

The Malawi Scotland Partnership (MaSP) exists to support and coordinate the Malawi-side of the civil society links between Scotland and Malawi. As part of this effort they facilitate a number of regional and thematic groups which meet to discuss opportunities for joint working and collaboration. The Malawi Scotland Partnership hosts a Health working group which any organisation, with links to Scotland, can join. For further details contact MaSP National Coordinator Happy Makala , <u>hmakala@malawiscotlandpartnership.org</u>

CHAPTER FOUR: LOOKING FORWARDS

All those involved in health links recognise that the solutions to many of the world's health problems are already in the world today, found and put into practice not by academics, governments and aid agencies working in isolated buildings, but by communities working to survive.

From training health professionals in medical colleges, to facilitating the exchange of medical information between universities, and from assisting in HIV/AIDS prevention in clinics to supporting community-based medicine in the rural



areas, at every stage over the past 10 years, and at every level, Scots and Malawians have been working together to improve health outcomes.

While many aspects of the health priorities and challenges outlined in the first cooperation agreement signed in 2005 remain, 10 years on much can be celebrated. Here are just a few examples of contributions made:

- Stronger teaching capacities across all the health colleges, in particular College of Medicine and Kamuzu College of Nursing through the development of IT infrastructure and curriculum reviews through a number of university partnerships;
- Greater understanding of, and support for, the needs of district health teams in their implementation of care and prevention work;
- Particular learning on maternal health that has seen, for example, the training of many midwives and a successful cervical cancer screening programme.

Looking forward to the next 10 years a number of key opportunities present themselves to build on the success, and develop the learning, of the previous decade:

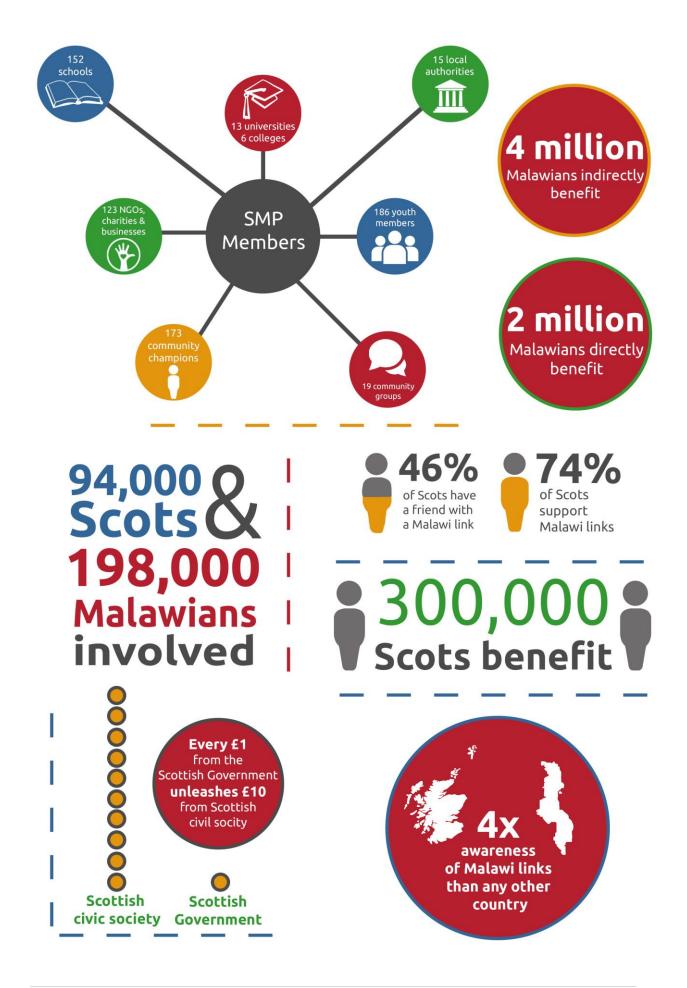
• A changing international landscape in the form of the Sustainable Development Goals, offering a chance to re-imagine a global framework based on principles of universality and a holistic approach to

development, where health is intrinsically and holistically linked to other development priorities and outcomes;

- In 2016 the Government of Malawi will formally review and publish its 3rd Growth and Development Strategy which will set the trajectory for policy and implementation for the coming years;
- The potential from the multiplicity of partners and stakeholders in the pursuit of the "one health" agenda, from traditional donor agencies, to the private sector;
- Ever strengthening civil society support for health links among the 94,000 Scots and 198,000 Malawians actively involved in links between Scotland and Malawi

For all those who have been actively involved in health partnerships between Scotland and Malawi over the past 10 years there is much to be proud of. As well as the features outline above, the success of such links can attribute much of their success, and impact, to the international friendship built on mutually beneficial community-to-community, family-to-family and people-to-people partnerships. This is a relationship underpinned by mutual understanding and respect. We believe this is a new and exciting model of international cooperation and a powerful force for change, and we look forward to the next 10 years together in partnership.

Report compiled by Charlie Bevan Member Services Manager Scotland Malawi Partnership, November 2015



Dignified Partnerships Strengthening Links **Raising Awareness** 198,000 Malawians **0** Scots Coordina Develo Connecl uer nfl

www.scotland-malawipartnership.org

Address: Room 3/7, City Chambers, City of Edinburgh Council, High Street, Edinburgh, EH1 1YJ Tel: 0131 529 3164 E mail: <u>info@scotland-malawipartnership.org</u> A company limited by guarantee (SC294378) and a registered Scottish charity (SC037048)