

## SITUATION ANALYSIS

In Blantyre alone, an average of forty-eight (48) Mothers and six hundred and forty-eight babies (648) die each year due to delivery related complications, as per UNFPA 2016 data findings. Our field visits research based findings to various health centres in Blantyre reveal the situation is very pathetic. Common challenges to all health centres include but not limited to

- **Shortage of space** - The health centres postnatal wards were constructed to accommodate 10 mothers but today with population growth the same room accommodates over 50 mothers

- **Mothers delivering on the floor** - Due to the small size of the wards, mothers find themselves delivering on the floor

- **No confidentiality for mothers** - The situation in health centres gives no confidentiality to mothers and robs them of their dignity. The wards have no curtains. Further, the Nurses room is used for consultation while other mothers look on.

- **No guardian shelters** - The health centres have no guardian shelter forcing guardians to sleep in the corridors and many are times mothers be are bundled together without looking considering antenatal, postnatal and guardians

- **Limited toilet facilities** - Nurses say "the situation at the clinic is deplorable, with expectant mothers reliving themselves in the bush as the clinics does not have enough toilets, bathing in the open due to lack of bathrooms.

- **Lack of medical equipment and drugs** - Medical equipment and drugs is a big challenge as per the wish list below that was developed in consultation with Blantyre District Health office

## SLEEPOVER CONCEPT

We have a challenge to raise over 150 million Kwacha in order to address the situation in Blantyre through 2017 Mothers Fun Run. This is only possible with your

participation, so come and sleepover!!! There are three centres we plan to have the sleepovers, Zingwangwa Health Centre, Limbe Health Centre, and Ndirande Health Centre you are welcome to choose from any these. The events are scheduled to take place on the 25th and 26th of August 2017.

## OVERVIEW OF THE FUNDRAISER SLEEPOVER

The Fundraiser sleepover is an international fundraising initiative that allows directors, ceo's, top managers, Members of Parliament and Entrepreneurs to connect on a personal level for a common purpose. This sleepover has been designed for top female executives to appreciate the challenges and harsh realities our mothers face in public hospitals. Through the sleepover we aim at raising awareness of these challenges to the larger audience and the corporate world at the same time appeal for funds.



## WHY GET INVOLVED IN A SLEEPOVER?

As female executives, besides making monetary contribution towards purchase of medical equipment, this winter is here for you to make a difference by increasing awareness of challenging realities our mothers go through in their child bearing process.

## SIGNIFICANCE OF THE SLEEPOVER TO THE HOSPITAL AND HEALTH CENTRES

- This will be a great encouragement to the health personnel in the clinics to continue working with love and zeal, and that each in their own ways are an appreciated crucial part in the lives of the mothers and the babies they tirelessly assist each day.

- You will challenge the local communities to take a more leading role in helping address the situation

- Advocate and raise funds to show that you can make a difference this winter in the promotion of safe motherhood

- Amplify the voice of those in need in your near health centre.



## HOW THE SLEEPOVER WILL HELP?

- By fund-raising in support of Mothers Fun Run which promotes safe motherhood, you are helping alleviate the suffering mother face in public hospitals and health centres.

- You will make a huge difference in inculcating a culture of self help in our youth

## WHAT SHOULD YOU DO IN READINESS FOR THE SLEEPOVER?

- Obtain a “sponsor me” forms which everyone will use to mobilize resources from family members, work colleagues and business associates.
- Every female executive should raise and make a contribution of K200, 000 or make a commitment in writing before or on Friday 18th August 2017



Safe motherhood;  
together  
we can make a  
difference.

For more information, please contact  
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Thank you for taking interest in helping and addressing the challenging realities our mothers face in their child bearing process by raising funds and awareness in support of our initiative Mothers Fun Run.

We look forward to hearing a response from you soon



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**Sleepover  
Challenge**  
25<sup>th</sup>-26<sup>th</sup> August 2017

For Promotion of safe  
Motherhood in Blantyre

